

Issue card - 1

How often do you get your blood pressure checked?

Issue card - 2

Do you think blood pressure checks should be compulsory?

Issue card - 3

Should you have to pay for your own medical care if you don't follow your doctor's advice about lifestyle changes?

Issue card - 4

Do you have a responsibility to your family to do whatever you can to look after your own health?

Issue card - 5

Do you think that high
blood pressure should be
taken more seriously
by doctors?

Issue card - 6

Do you think that high
blood pressure should be
taken more seriously
by patients?

Issue card - 7

Do you think that high
blood pressure should be
taken more seriously
by family members?

Issue card - 8

Is it realistic to expect
people to change their
lifestyles?

Issue card - 9

What if your blood pressure medication isn't right for you?

Issue card - 10

If high blood pressure is so common, surely it's nothing to worry about.

Issue card - 11

If I ignore my high blood pressure the only person it will affect is me. It's my choice.

Do you agree?

Issue card - 12

More men have untreated high blood pressure than women. Should information about high blood pressure be targeted more towards men?

Issue card - 13

How serious do you think the consequences of high blood pressure are?

Issue card - 14

What can a doctor do if a patient doesn't follow their advice?

Issue card - 15

It's easy to forget to get your blood pressure checked, should the doctor automatically send you an appointment?

What would the problems of this be?

Issue card - 16

I look after my family.

Is it my responsibility to make sure that their lifestyle keeps their blood pressure at the right level ?

Issue card - 17

“I know my blood pressure is high, I don't really want to be on medication so I haven't been back to see the doctor. I'd rather just ignore it and hope it goes away”

Do you think this is a common feeling?

Print all issue
cards on
Blue card